



OUR THEN & NOW

Story

MEMORY BRIDGE



A Keepsake Journal for
Grandparents and
Grandchildren

Every family has stories worth sharing.

Some began long ago at country fairs,
around kitchen tables, in family
gardens, or quiet afternoons
spent with loved ones.

Others are being written today
through new adventures,
new experiences, and new memories.

This journal is designed
to bring those two
worlds together.



Then.... The grandparent shares memories
from years gone by.

Now... The grandchild shares thoughts, ideas, and
experiences from today.
Together, these conversations create a bridge
between generations.
As you complete these pages, you may discover
surprising similarities, hear stories never told
before, and learn more about one another. Most
importantly, you will create new memories while
preserving old ones.

There are no right or wrong answers.

Take your time.

Tell your stories.

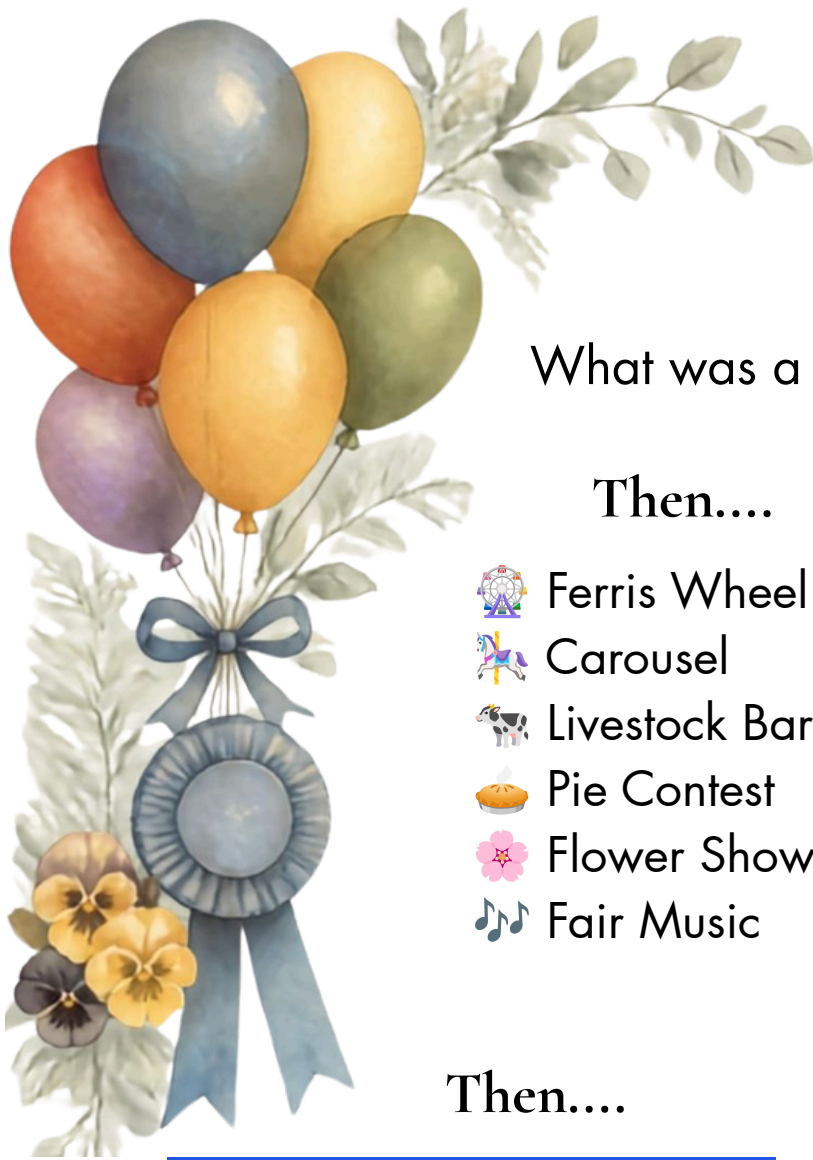
Ask questions.

Laugh together.

Dream together.

And perhaps, years from now, these pages will
become a treasured family keepsake that reminds
future generations where they came from—and the
special bond you shared.





Fair Memories

What was a favourite fair attraction?

Then....

-  Ferris Wheel
-  Carousel
-  Livestock Barn
-  Pie Contest
-  Flower Show
-  Fair Music

Now...

-  Ferris Wheel
-  Balloon Booth
-  Candy Stand
-  Animal Barn
-  Carousel
-  Games

Then....

My favourite fair treat was...

I rode....

I spent my allowance on...

Now...

My favourite fair treat is...

Cotton Candy? Popcorn?
Candy Apples? Ice Cream?
French Fries? Hot Dog?

I would ride....

I would spend my
allowance on...



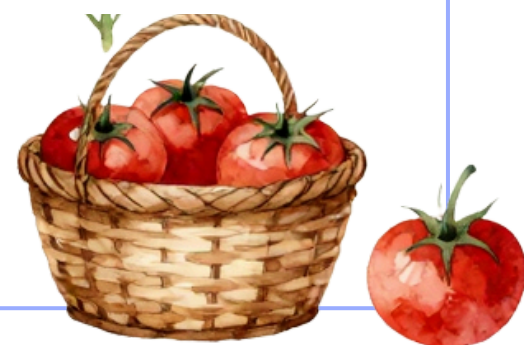
Do you remember?

What's it like now?

Then....

Now....

☐ Milk delivered to the door	How does milk get to your house today?
☐ A breadbox in the kitchen	Where do you keep your bread today?
☐ Handwritten recipes	Do you use recipe books, tablets, or phones for recipes?
☐ Winning something at the fair	What would you like to win at a fair?
☐ A family vegetable garden	If you had a garden, what would you grow?
☐ A wash line full of sheets	How does your family dry laundry?
☐ Walking to school	How do you get to school?
☐ A Sunday dinner with grandparents	What is your favorite family meal?
☐ Home-canned preserves	What food reminds you of home?





Family Traditions

Then....

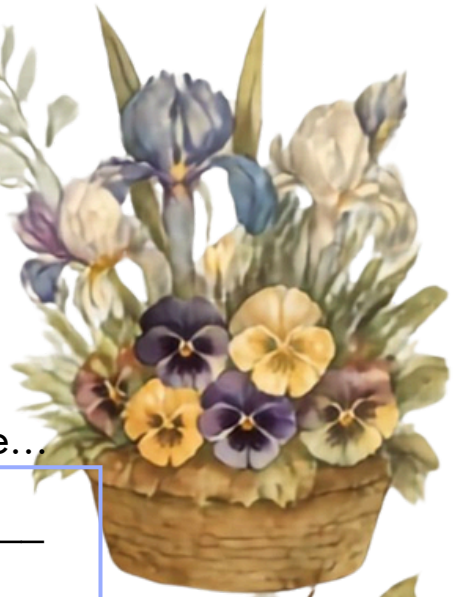
My favourite family traditions were...

- _____
- _____
- _____
- _____

Now....

My favourite family traditions are...

- _____
- _____
- _____
- _____





Thought Bubbles

Then....

When I was your age my favourite game was

Now....

Well today I am that age, and my favourite game is...

Then....

When I was your age, I spent my free time....

Now....

I spend my free time....

Then....

When I was your age, I dreamt of becoming.....

Now....

When I grow up, I hope to become.....

Then....

When I was your age, my best friends name was.....

Now....

Right now my best friend is.....



What makes Scents?

Which smells remind you of September....

Then....

- ☐ Apples
- ☐ Cinnamon
- ☐ Fresh bread
- ☐ Wood smoke
- ☐ Fallen leaves
- ☐ Canning jars
- ☐ Pumpkin pie
- ☐ Other: _____

Now...

- ☐ Hot chocolate
- ☐ Freshly sharpened pencils
- ☐ Pumpkin spice
- ☐ Campfire
- ☐ Fallen leaves
- ☐ Apple cider
- ☐ Fresh baking
- ☐ Other: _____

Which smells do we both love?





Signature Page
Grandparent:

Grandchild:

Date:



May we take time to honor the special people
who helped shape our lives,
both young & old.

May their stories be remembered, their
traditions continued, and their love celebrated
for generations to come.

